



## Young Men's Christian Association of Montreal

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**Approximately 195 words**

The message has probably started reaching a number of parents of teenage sons. The boys want to do something different this Summer.

For such youths, age 13-17, the Montreal YMCA will this July and August again conduct its Les Voyageurs series of canoe-adventures.

The program started 13 years ago, mainly for boys who had previously participated with enjoyment in organized camp programs and now wanted to test their mettle in more challenging ways.

"First of all, there's nothing quite like three or four weeks in the woodlands to firm up and develop young muscles", says A. Ross Seaman, the Y's Executive Director of camping.

"But physical challenge is only part of it. Many lads get even more out of the opportunities to use initiative and gain the sort of self-reliance so important to growing up".

To qualify for Les Voyageurs, boys must be in sound health and able to swim a minimum of 150 yards. Each group of five will be supervised by a skilled outdoorsman, usually a mature university student who is attuned to the needs of developing boys.

Before starting out, the boys spend several days at a base camp, getting acquainted with each other and learning about the use and care of their equipment.

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